

Trisomy 21 Virtual Symposium

Saturday, March 13, 2021

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COURSE OVERVIEW

Trisomy 21 (Down syndrome) is the most common chromosomal condition, occurring in one of every 700 to 800 live births. Down syndrome is a complex genetic condition which can affect multiple body systems to a variable degree.

Children with Down syndrome are at higher risk for vision and eye problems, ear, nose and throat problems including hearing loss, congenital heart disease, gastrointestinal and feeding problems, endocrine disorders, neurological and musculoskeletal issues, and developmental and behavioral challenges.

This one-day symposium will provide parents and healthcare professionals with up-to-date clinical information, therapeutic approaches and advice on a variety of topics affecting individuals with Down syndrome.

REGISTRATION FEE

The registration fee includes course registration, live stream access to the conference and access to view presentations online. For questions, please email CMEoffice@email.chop.edu.

Registration Fee: \$30

To register, please visit chop.cloud-cme.com.

CANCELLATION AND REFUND POLICY

Children's Hospital of Philadelphia reserves the right to cancel or postpone any course due to any unforeseen circumstances. In the event of cancellation or postponement, the hospital will refund the registration fee. In order to process refunds, cancellations must be received in writing by Friday, March 5, 2021. No refunds will be issued thereafter.

- 8:20 a.m. Welcome and Introduction
Mary Pipan, MD
- 8:30 a.m. Brain to Behavior:
Understanding Behavior in
Children and Teens with
Down Syndrome
David S. Stein, PsyD
- 9:15 a.m. Down Syndrome Research at
CHOP: Focus on Heart Health
and Sleep
Andrea Kelly, MD
Melissa Xanthopoulos, PhD
- 10 a.m. Break
- 10:30 a.m. Friendship Toolkit
Diane and David Perry
- 11 a.m. Parent and Self-Advocate
College Experience
Susan and Sara Davis
- 11:30 p.m. Questions and Answers
- Noon Lunch

REGISTER ONLINE:
[CHOP.CLOUD-CME.COM](https://chop.cloud-cme.com)

- 1:15 p.m. **Breakout Session I**
- A. Let's Get Walking:
Treadmill Training for Babies
Helen Milligan, PT, MPT
Megan Beam, PT, DPT, PCS
- B. Supporting Positive Behavior in
Children and Teens with Down
Syndrome: The Respond-but-
Don't-React Method
David S. Stein, PsyD
- C. Building Inclusive Social
Networks and Friendships
Diane and David Perry
Linda Carmona-Bell and
Sienna Bell
Susan and Sara Davis
- 2:30 p.m. Break
- 2:45 p.m. **Breakout Session II**
- A. Time for Bed: Practical Ways to
Get Your Child to Sleep and
Stay Asleep
Melissa Xanthopoulos, PhD
- B. Down Syndrome and Autism:
The Challenges of a
Dual Diagnosis
Mary Pipan, MD
Alison Downes, MD
- C. Crossroads: Planning for the
Future – Vocational Training
and Higher Education
Diane and David Perry
Linda Carmona-Bell and
Sienna Bell
- 4 p.m. Program Adjourns

Unless otherwise noted, faculty is from Children's Hospital of Philadelphia and/or the Perelman School of Medicine at the University of Pennsylvania.

COURSE DIRECTORS

Mary Pipan, MD

*Director, Trisomy 21 Program
Attending Physician
Division of Developmental and
Behavioral Pediatrics
Clinical Associate in Pediatrics*

Kim Schadt, CRNP

*Nurse Practitioner
Trisomy 21 Program
Friedreich's Ataxia Program*

Tricia Wilson, RN

*Nurse Coordinator
Trisomy 21 Program*

COURSE FACULTY

Megan Beam, PT, DPT, PCS

Physical Therapist III

Sienna Bell

Self-Advocate

Linda Carmona-Bell

Parent-Advocate

Sara Davis

Self-Advocate

Susan Davis

Parent-Advocate

Alison Downes, MD

*Attending Physician
Division of Developmental and
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Assistant Professor of Clinical Pediatrics*

Andrea Kelly, MD

*Attending Physician
Division of Endocrinology and Diabetes
Associate Professor of Pediatrics*

Helen Milligan, PT, MPT

Physical Therapist III

David Perry

Self-Advocate

Diane Perry

*Parent Adviser, Parent Education and
Advocacy Leadership (PEAL) Center*

David S. Stein, PsyD

*Pediatric Psychologist and Director
New England Neurodevelopment, LLC*

Melissa Xanthopoulos, PhD

Psychologist III